

# AA Foundations

## Feb 28, 2026 | 12 noon

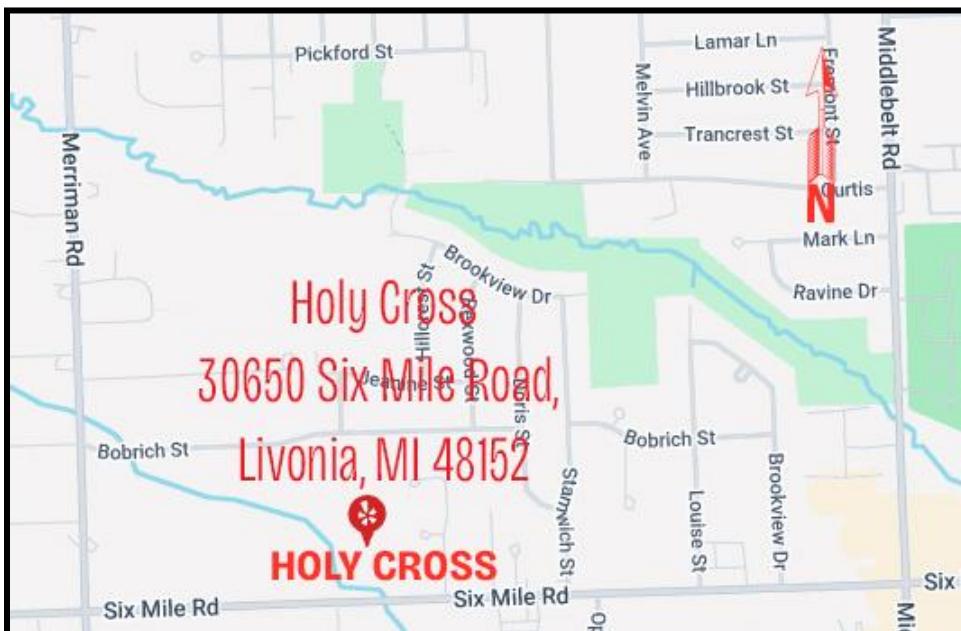
Holy Cross  
30650 Six Mile Road,  
Livonia, MI 48152

This Foundation Meeting is designed to provide a very clear and direct description of the disease of alcoholism and the program of Alcoholics Anonymous. We touch on the Steps, Traditions and history of AA in a general way "to show other alcoholics precisely how they recovered." Bring your sponsor and sponsees as we embark on this journey together, to be sure we are building solid foundations. We will discuss the spiritual malady and the program of action laid out in the steps that allows us to access a Higher Power and recover from alcoholism.



### Fellowship, Knowledge, Coffee and snacks

If you are new to AA or just want a deeper understanding, we encourage you to attend. It is a great introduction to what Alcoholics Anonymous and our book is all about; freedom from alcoholism through the application and practice of our Twelve Steps as they were given us! Most importantly we come straight out of the Big Book of Alcoholics Anonymous and get people reading. We want you hungry to learn but not on an empty stomach! Feel free to bring a dish to share as we discuss better ways to carry the message to the still suffering. This event will last approx 2 1/2 to 3 hours.



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