



## STAYING ON THE BALANCE BEAM

# STEP 10, 11, 12 OPEN TALK AND WORKSHOP FOR WOMEN

Sunday, March 22, 2026

1:00 pm - 5:00 pm EST

Free Admission

Lions Shelter @ Rochester Municipal Park -  
400 Sixth Street  
Rochester, MI 48307

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1:00 - 2:00 pm	Open Talk - Step 10 & Workshop
2:00 - 3:00 pm	Open Talk - Step 11 & Meditation
3:00 - 4:00 pm	Open Talk - Step 12 - Service
4:00 - 5:00 pm	Yin Yoga & Yoga Nidra

*Service Opportunities Available*

**For More Info and Register:**

**[www.womenrecoveryworkshop.org](http://www.womenrecoveryworkshop.org)**

**Vee: 248-320-2622 or Dana: 313-210-2731**



***Hosted by District 20 of Area 33***